

Naomi Cahill Bio

Naomi Cahill is a registered dietitian with over 15 years' experience in clinical, community, academic, and non-profit settings. She hails from North Wales in the UK, and completed her dietetic training, internship and initial clinical work in London, England; Before moving to Canada to complete her Master's and Doctorate degree in Epidemiology in the Department of Public Health Sciences at Queens University, Kingston. Her research focused on knowledge translation, specifically optimizing nutrition therapy in critically ill patients through implementation of clinical practice guideline recommendations. Naomi's contributions to clinical nutrition research have been recognized through numerous awards. She also has over 50 published peer-reviewed publications and given podium presentations at national and international conferences.

For the past 5 years, Naomi has been embracing a more simple lifestyle; living on a beach in the small community of Manzano Uno in rural Nicaragua with her husband and three children, where they own a small eco-resort, Coco Loco, and founded a non-profit community development organization, Waves of Hope. From here, Naomi continued to share her knowledge and passion for nutrition through her work as a sessional lecturer, consultant, and blogger.

Naomi recently returned to Canada and is currently the Content and Communications Manager for the Society for Implementation Science in Nutrition, a new global society dedicated to improving nutrition implementation world-wide.